

WORRIES BIG AND SMALL

A CHILD'S GUIDE TO TALKING ABOUT FEELINGS

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Nonfiction Picture Book | 978-1-68464-805-4 | Ages 5+ | Hardcover | 9.6 x 11.2 | 96 pp | \$18.99 | LOC: 2023938458

What if ... I'm nervous about the dark? What if ... my classmate says I'm fat? A gentle and reassuring guide for young children as they encounter the everyday challenges and typical fears of childhood.



- Written in consultation with an educational psychologist.
- Witty, relatable text.
- Practical and reassuring.
- Encourages confidence, independent thinking, and problem-solving.
- Promotes conversation and communication within the family and beyond.
- Visually appealing artwork.

